

SHSU Catalog (2025/2026)

Bachelor of Science, Kinesiology (Clinical Exercise Science Concentration)

CORE REQUIREMENTS	Department of	Kinesiology	936.294.1398 kinesiology@shsu.edu		
Course Name	Hours	TCCNS	SHSU		
Communication (6 hours)					
Composition I	3	ENGL 1301	ENGL 1301		
Composition II	3	ENGL 1302	ENGL 1302		
Mathematics (3 hours)					
Pre-Calculus Algebra	3	MATH 1314	MATH 1314		
Life & Physical Sciences (6 hours) ¹					
Human Anatomy & Physiology I	4	BIOL 2401	BIOL 2403		
Human Anatomy & Physiology II	4	BIOL 2402	BIOL 2404		
Language, Philosophy, & Culture (3 hours)					
Choose one course from your current Texas community college's core approved list.					
Creative Arts (3 hours)					
Choose one course from your current Texas community college's core approved list.					
American History (6 hours)					
United States History to 1876	3	HIST 1301	HSTY 1301		
United States History since 1876	3	HIST 1302	HSTY 1302		
Government/Political Science (6 hours)					
American Government	3	GOVT 2305	POLS 2305		
Texas Government	3	GOVT 2306	POLS 2306		
Social & Behavioral Science (3 hours) ²					
Introduction to Psychology	3	PSYC 2301	PSYC 1301		
Component Area Option Recommendations (6 hours) ³					
Choose <u>two</u> courses from your current Texas community college's core approved list.					

MAJOR REQUIREMENTS

 $Full \ degree \ can \ be \ found \ here: \ https://www.shsu.edu/programs/bachelor-of-science-in-kinesiology/concentration-in-clinical-exercise-science.html$

Course Name	Hours	TCCNS	SHSU
General Biology	4	BIOL 1406	BIOL 1406
General Chemistry I	4	CHEM 1411	CHEM 1411
Lifetime Health & Wellness	1	PHED 1164	KINE 2115
Public Speaking	3	SPCH 1315	COMS 1361
Nutrition	3	HECO 1322	FSCN 2362
Plane Trigonometry	3	MATH 1316	MATH 1316
General Physics-Mechanics and Heat w/ lab	4	PHYS 1301/1101	PHYS 1301/1101

^{*}SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours. Students must earn a 2.0 minimum overall GPA in all coursework, overall major GPA, SHSU GPA, and SHSU major GPA. Must earn a "C" or better for all KINE/ATTR courses.

- 1 BIOL 1406, BIOL 2403, BIOL 2404, and CHEM 1411 satisfy the Core Curriculum requirement for Component Area III (Life and Physical Science). BIOL 2401 and BIOL 2402 may be used as transfer courses for the BIOL 2403 and BIOL 2404 requirements; please see a SAM Center advisor for more details.
- 2 PSYC 1301 satisfies the Core Curriculum requirement for Component Area VIII (Social and Behavioral Sciences).
- 3 COMS 1361 satisfies three semester credit hours and KINE 2115 satisfies one credit hour of the Core Curriculum requirement for Component Area IX (Component Area Option).